

Program Introduction

Welcome to *CEREBROedu*. This bilingual (Spanish/English) program was developed with and for Latinx communities to help educators, children and families to:

- Learn about the brain's structure, function and certain conditions like Alzheimer's, depression and epilepsy;
- Discuss everyday habits that foster and maintain good brain health;
- Explore great careers in neuroscience and/or brain health; and
- Become more aware about mental health resources in your community.

Best of all, you don't have to be a neuroscientist to lead CEREBROedu programming! Don't worry; we've got you. Simply keep an open mind (or brain!), and rely on the following easy-to-use resources:

- **Activities and Professional Development:** Online training will empower you to engage Latinx youth and families around Brain Structure; Brain Connections; The Brain in Action; and Brain + Behavior. You'll also learn how to spark discussion about neuroscience educational and career pathways, use role models in your programming, talk about mental health and more!
- **Event Guides:** You'll kick things off with a Welcome Event and wrap up your programming with a Family Fiesta. Your learners and their parents, caregivers, siblings are all invited; the more, the merrier! The enclosed Event Guides provide step-by-step instructions on how to create gatherings that are filled with information, learning, celebration and (of course!) food.
- **Role Model Videos:** In these brief bilingual profiles, relatable Latinx neuroscience and mental health professionals share about their careers and educational journeys, as well as highlight their families, friends, culture and heritage.
- **Engagement Tools:** *SciGirls Family Guide for Engaging Girls in STEM* and *SciGirls Guide for Engaging Latino Families* publications provide the additional guidance you need to make your CEREBROedu programming robust, culturally responsive and fun.
- **CEREBROedu Family Guide:** This guide offers youth and families the opportunity to explore how the brain works—and sometimes struggles to work—with common conditions like Alzheimer's disease, epilepsy and depression. Each chapter also features a simple and lively activity that shows our brains in action!

While these resources are filled with best practices and great information, please don't hesitate to reach out for more information. Contact Leah Defenbaugh at ldefenbaugh@tpt.org. Thank you for participating in CEREBROedu; we're glad you're here!



www.cerebroedu.org

